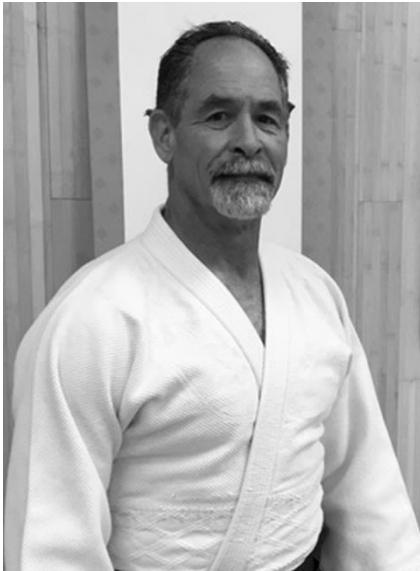




ABIDING SPIRIT AIKIKAI

Aikido Friendship Seminar

September 17, 2016



James Bator, 4 Dan



Salvatore Forestieri, 4 Dan



Wendy Kopka, 4 Dan



Michelle Tate, 4 Dan

Schedule:

9:00 am -12:00 pm

Lunch Break

2:30 pm -4:30 pm

Seminar Cost: \$50



Andrew Vitale, 3 Dan

829 Virginia Road, Crystal Lake, IL 60014
www.abidingspiritcenter.org (815) 444-6019



Abiding Spirit Aikikai is a member of the Aikido Shimbokukai